



Excision Specialists

Excision is the gold standard for removing endometriosis.

Please note: I am not a medical provider, just a woman who had endometriosis for 31 years before getting diagnosed. This list is a gathered listing from multiple sources which I will be updating frequently with information directly from the doctor's offices. The only doctors I have seen personally are a few of those listed in California. Where I have had interaction with or read feedback on from others, I have noted. I am currently in the process of interviewing all of these doctors so check back in for frequent updates as I receive them and more robust information on their outlooks and philosophy about treating endometriosis.

This is by no means a comprehensive list. If you have questions about these doctors, go to the [Endometropolis Facebook Group](#) or [Nancy's Nook Facebook Group](#) to post questions about treatment outcomes with the doctor you are thinking of seeing. If you have had experience with a doctor who is not on this list, feel free to [email me](#).

Many of these doctors will do a medical records review remotely where they review your records and talk with you via phone or Skype. Be sure to ask if this is an option if the doctor you want to see is out of state.

If you have fibroids and suspect you may also have endometriosis, I recommend seeing an excision specialist versus a fibroid specialist since an excision specialist will be able to remove both effectively, but a fibroid specialist will most likely not be able to remove endometriosis effectively (with excision).

Fibroid specialist listing coming soon.

Things you will want to gather to present to one of these doctors:

- All imaging you may have had done
- Any post-op reports from previous surgeries
- Any recent bloodwork
- [Daily symptom tracking](#) for the last three to six months including pain
- [Pain map of your body](#)
- Pathology reports from any previous surgeries

Always ask if they are able to operate on advanced disease and if they have an assistant surgeon who would help in surgery in case of bowel or lung involvement.



Because of a Medicare Part B ruling from 1992, most excision specialists are not able to accept insurance otherwise they would not be able to keep their practice open. Most of the hospitals where the surgeons operate take most insurance. This means you will need to petition your insurance company *to get the surgeon's fees paid for*. It is possible to do, but will take persistence, organization and dedication on your part (not that you don't already have enough to deal with.) But know that it is possible to get it paid for by your insurance company. I will be doing a webinar on how to get your surgery paid for by insurance so check back on the site for updates.

The World Endometriosis Society stated in 2006 that the optimal parameters for endometriosis treatment are at a Center of Excellence which includes the following:

- a multi-disciplinary team approach
- specialists who have undergone specific training in endometriosis
- advanced surgeons with a high caseload of managing deep endometriosis (also known as deep infiltrating endometriosis, DIE)
- ready access to an endometriosis organization with substantial input on behalf of women
- a track record of commitment to collaborative management and research
- a transparent record of outcome-based success rates

If one of these doctors operates or participates in a known center of excellence, I have indicated as such. There are surgeons who are very good excision surgeons who may not have all of the above but nevertheless are highly recommended. Educate yourself, ask questions and trust your intuition when choosing your provider.

Do your own research based on this guide. Google the doctor's name, go on Facebook groups and ask for experiences others had with them, meet or call the doctor, ask your list of questions. Always ask if they are able to operate on advanced disease and if they have an assistant surgeon who would help in surgery in case of bowel or lung involvement.

And again, always follow your intuition and felt experience on the right medical provider for you.



Arizona

Dr. Michael Hibner, Phoenix. M

<https://www.dignityhealth.org/arizona/locations/stjosephs/services/womens-health/pelvic-pain-and-gynecologic-surgery/meet-the-team/michael-hibner>

Dr. Nita Desai, Phoenix

<https://www.dignityhealth.org/arizona/locations/stjosephs/services/womens-health/pelvic-pain-and-gynecologic-surgery/meet-the-team/nita-desai>

Dr. Paul Magtibay, Phoenix

<http://www.mayoclinic.org/biographies/magtibay-paul-m-m-d/bio-20054585>

Dr. Javier Magrina

<http://www.mayoclinic.org/biographies/magrina-javier-f-m-d/bio-20053725>

California

Dr. Michael Chu, Sacramento

<http://www.michaelchumd.com/index.html>

Dr. Andrew Cook, Los Gatos

Center of Excellence. Extensive research background. Is able to operate on Deep Infiltrating Endometriosis. Philosophy: "My medical practice is characterized by my underlying philosophy of treating patients with respect and dignity. I use a comprehensive, open-minded approach to providing leading-edge health care. My reputation as an endometriosis specialist was earned through my surgical skills and results following successful treatment of some the most difficult cases of endometriosis via laparoscopic excision surgery. Complete surgical removal of endometriosis is an essential step in achieving successful treatment outcomes. I believe that surgery is only part of the answer to restoring the health of patients with endometriosis and pelvic pain. I employ a multidisciplinary approach, utilizing leading edge, traditional Western medicine and alternative integrative medicine, combined with an open mind and trust in the patient. Treating this complex disease has not only resulted in my becoming a better physician, it has made me an expert in treating an array of less complex conditions as well." (*Full disclosure, Dr. Cook was my surgeon.)

<https://www.vitalhealth.com/meet-dr-cook/>

Books for patients:

[Stop Endometriosis and Pelvic Pain](#)

[Endo Patients Survival Guide](#)



Dr. Camran Nezhat, Palo Alto

Center of Excellence. Dr. Nezhat is an active and high profile endometriosis surgeon who was a pioneer in laproscopic procedures for excision of endometriosis. Is able to operate on Deep Infiltrating Endometriosis with an assistant surgeon. Takes some insurance but double and triple check with both his offices and insurance company before booking surgery on what exactly will be covered. Philosophy: "We treat every patient individually and separately, based on different factors, type of endometriosis, her goals, etc."

<http://nezhat.org/biography-of-doctor-camran-nezhat/>

Dr. Nezhat has numerous clinical books for doctors on excision technique on [Amazon](#).

Dr. Iris Orbuch, Los Angeles

Dr. Orbuch is one of the leaders in excision surgery in the country. Runs a New York office as well.

<http://www.lagyndr.com/about-dr-orbuch/>

Dr. Sonia Rebeles, Los Angeles

Dr. Rebeles is new to Los Angeles and is able to do excision surgery. She is a big supporter of endometriosis patients and takes part in endo events locally. She welcomes new patients and may be able to take patients who have Medi-Cal through her affiliation with UCLA, call her offices to check.

<http://www.soniarebelesmd.com/meet-the-doctor/>

Webinar: <https://www.youtube.com/watch?v=dkZUV8SWmr4&feature=youtu.be>

Dr. Matthew Siedhoff, Los Angeles

Dr. Siedhoff is able to do excision surgery and operates at Cedars-Sinai and takes some insurance. Has a specialty in uro-genitary.

<http://bio.csmc.edu/view/20696/Matthew-T-Siedhoff.aspx>

Kaiser Permanente options:

Dr. Eve Zaritsky, Oakland

<https://mydoctor.kaiserpermanente.org/ncal/provider/evezaritsky>

Dr. Deirde Fischer

<https://healthy.kaiserpermanente.org/southern-california/physicians/deidre-fisher-9443827#/map>

Colorado

Dr. Brian Nelson, Longmont

<http://coloradogynrobotics.com/about-us-2/about-us/>



Florida

Jacksonville Center for Reproductive Medicine

<http://www.jcrm.org/surgery-home/>

<http://www.jcrm.org/meet-our-staff>

Dr. Steven McCarus, Celebration

<http://www.mccarusgyn.com/medical-team/surgeons/steven-mccarus>

Dr. McCarus is well-known for his adhesiolysis surgery. It is unclear whether he possesses a similar expertise in endometriosis excision.

Georgia

Dr. Ken Sinervo, Dr. Nicholas Kongoasa, Atlanta

Center of Excellence. For more than two decades the Center for Endometriosis Care (CEC) has been treating endometriosis patients. Able to take on complex cases and DIE. Does some bowel/urinary tract work. Works with an assisting colorectal surgeon. Routinely see and treat bowel/pleural/extrapelvic cases; colleagues join from cardiothoracic, colorectal and general surgery if necessary to ensure complete treatment of the patient's case in one surgical encounter. Philosophy: "Since our founding in 1991, the Center for Endometriosis Care has focused solely on the disease and associated gynecopathologies. We utilize a multidisciplinary approach to endometriosis, with Laparoscopic Excision (LAPEX) as the surgical cornerstone to an integrated care model. We routinely see and treat bowel/pleural/extrapelvic cases; we also have colleagues who join us from cardiothoracic, colorectal and general surgery if necessary to ensure complete treatment of the patient's case in one surgical encounter." Does not accept insurance but hospital where they operate does.

<http://centerforendo.com/dr-ken-sinervo-1/>

<http://centerforendo.com/dr-nicholas-kongoasa/>

Illinois

Dr. Diana Atashroo, Skokie

<https://www.northshore.org/apps/findadoctor/physicians/diana-t.-atashroo>

Dr. Barbara Diakos, Chicago

www.nm.org/doctors/1912934423/barbara-diakos-md

Dr. Francisco Garcini, New Lenox

<http://www.garcinigyn.com/meet-the-team>

Dr. Magdy Milad, Chicago

<http://www.feinberg.northwestern.edu/faculty-profiles/az/profile.html?xid=11896>



Dr. Charles Miller, Naperville and Schaumburg

<http://surgery.drcharlesmiller.com/>

Dr. Frank Tu, Skokie

<http://www.northshore.org/apps/findadoctor/doctor.aspx?pid=8773>

<https://www.northshore.org/research-institute/investigators/tu-frank-f-md-mph/>

Dr. Ranae Yockey, Elk Grove Village

<http://advancedwomenshealthcarespecialists.com/providers>

Kentucky

Dr. Resad Pasic, Louisville

<https://www.uoflphysicians.com/1528087780-resad-pasic>

<http://www.gynlaparoscopy.com/#>

Able to do colorectal and lung. 20 years experience. Accepts all insurance.

Massachusetts

Dr. Malcom MacKenzie, Lexington

<http://www.mountauburnhospital.org/find-a-provider/profile/malcolm-mackenzie/>

Maine

Dr. Martin Robbins, Scarborough

Able to do urinary tract work and performs discoid bowel resections. Is not currently working with an assistant colorectal surgeon and so cannot undertake cases requiring segmental bowel resections. If you suspect you have bowel involvement, contact his office to discuss your options. Philosophy: "Laparoscopic excision of all endometriosis with its associated fibrosis, with adequate margins, restoring normal anatomy, usually conserving the fallopian tubes and ovaries, and preserving fertility. I listen carefully to each patient. I believe if I listen carefully to the patient, this will give me useful information to guide me in surgery. I know what is important to each individual person and I take the wishes of each patient into account." Takes Tricare, Hospital where he operates takes almost all insurances.

<https://www.advancedwomenshealthcare.us/philosophy>

Minnesota

Dr. Eric Heegard, Eden Prairie, Minnetonka

www.drheegaard.com/



Missouri

Dr. Patrick Yeung, St. Louis

<http://obgyn.slu.edu/index.php?page=center-for-endometriosis>
www.endometriosis-excision.com

Center of Excellence. Trained at the CEC. Able to do colorectal and lung and DIE. Accepts almost all insurance and so does hospital. Philosophy: "Complete or optimal excision. We are a referral center, and work with colorectal surgeons, and urologists for advanced disease or DIE (deep endometriosis). We do have a clinic that deals with optimizing the non-surgical factors for achieving pregnancy eg. optimizing hormones and we have produced a unique, 'food first', evidence-based diet for endometriosis and believe diet is very important. We have at SLU a multidisciplinary Pelvic Pain Center, that we are a part of, that includes pelvic floor physical therapy."

Fertility clinic: www.restorativefertility.com. Participating in recent research on pain. Click here for his booklet on evidence-based diet for endo.

Dr. Sherman J. Silber, St. Louis

He is included here because one of the only surgeons worldwide to offer the Osada Procedure, an alternative to hysterectomy in women with adenomyosis who wish to preserve their uterus. Bowl/urinary tract surgery: Does own urinary tract work.

<http://www.infertile.com/dr-silber/>

Nebraska

Dr. Thomas Hilgers, Omaha

<http://www.drhilgers.com/about/>

New York

Dr. Iris Orbuch, Manhattan

<http://www.nycrobotic.com/about.php>

Dr. Laurence Orbuch, Manhattan

<http://www.nycgynroboticsurgery.com/about-us/laurence-orbuch-md-facog.php>

Dr. James Kondrup, Binghamton

Center of Excellence. Is able to operate on bowel and deep infiltrating endometriosis. Has an assistant surgeon assist with colorectal. Both he and hospital takes almost all insurance. Philosophy: "Excise it. I treat women of all ages for endometriosis including teenagers."

<http://lapexcel.com/about/>



Dr. Kathy Huang, Manhattan

<http://nyulangone.org/doctors/1568622827/kathy-huang>

Center of Excellence. Philosophy: "We believe in a holistic approach. We start with a detailed History and Physical and a high suspicion for Endometriosis. If patient's reported symptoms are suspicious for endometriosis, we then obtain a MRI for endometriosis. At NYU, we have developed a MRI protocol specifically for diagnosing endometriosis and our data has shown 75% diagnostic accuracy for endometriosis lesions. We then discuss with the patient whether or not we should proceed with surgery. We only perform surgical excision. In addition, we have a team of physicians including acupuncturist, fertility specialists, nutritionist, pain management, pelvic floor physical therapists and a team of colorectal, thoracic as well as urologic surgeons that help us treat deep infiltrating endometriosis. Our goal is to optimize the patient's pain relief as well as fertility prospect and give them back the life they deserve without pain and suffering caused by endometriosis. We have a team of surgeon, including thoracic, colorectal and urologist that work with us closely to provide optimal care to the patients. Our Acupuncturist - Lara Rosenthal, works closely with our patients. She has a great interest in both fertility and endometriosis and has been incredibly helpful with our patients seeking treatment. We truly believe in a holistic approach." Accepts all insurance.

Dr. Andrea Vidali, Manhattan

Specializes in endometriosis as it relates to Infertility and Miscarriages and partners with Reproductive Immunologist Dr. Jeffrey Braverman. Is able to perform the uterine-saving Osada procedure in selected cases for adenomyosis. Will do ultrasound guided Nerve Blocks. He has a surgical partner that is a general hepatobiliary surgeon and they mostly operate together so he can perform hepatic, bowel, bladder excisions.

http://www.fertilitytreatmentny.com/dr_vidali.html

Dr. Tamer Seckin, Manhattan

Performs some bowel and urinary tract work himself and is assisted by a urologist and colorectal surgeon in complex cases. Very involved in endometriosis community.

<https://www.drseckin.com/tamer-seckin>

Book: [The Doctor Will See You Now](#)

Dr. C.Y. Liu, Manhattan

<http://www.cyliu.com/>

Does some of own urinary tract and bowel work.

Ohio

Dr. Tommaso Falcone, Cleveland

http://my.clevelandclinic.org/staff_directory/staff_display.aspx?doctorid=1619



Dr. Robert Pollard, Cleveland

<https://www.metrohealth.org/physician/robert-pollard-64808>

Dr. Mini Somasundaram, Columbus

<https://cwc4women.com/about-us/mini-somasundaram-md/>

Dr. Costas Argyrios Apostolis

http://physicians.akrongeneral.org/details/23/costas-apostolis-female_pelvic_medicine_reconstructive_surgery-ob_gyn-urogynecology-akron-lodi

Oregon

Dr. Melissa Pendergrass, Portland

<http://www.legacyhealth.org/providers/p/m/melissa-pendergrass-md.aspx>

Dr. Claire Gould, Portland

<http://www.legacyhealth.org/providers/claire-gould.aspx>

Dr. Nicholas Fogelson, Portland

<http://www.pearlwomenscenter.com>

Does most bowel/urinary tract work himself and has a colorectal surgeon on hand to assist when needed.

Dr. Megan Bird, West Linn

Patients with complex cases may need to seek out a surgeon with more experience.

<http://www.legacyhealth.org/providers/megan-bird.aspx>

Pennsylvania

Dr. Ted Lee, Pittsburgh

Works within a multidisciplinary team for bowel / urinary tract.

<http://findadoc.upmc.com/PhysicianBioQuery.aspx?EPCDID=5526&hosp=0#results>

Tennessee

Dr. Dan Martin, Memphis (Retired)

<http://www.danmartinmd.com/>

Dr. Ben Abdu (took over for Dr. Dan Martin)

<https://www.regionalonehealth.org/physician-profile/ben-abdu-md/>

Dr. Robert Furr, Chattanooga

<http://www.gyndr.com/index.php>



Dr. C.Y. Liu, Chattanooga

Center of Excellence. Mentor in the field.

<http://www.gyndr.com/about.php>

Texas

Dr. John Dulemba, Denton

Bowl/urinary tract surgery: Does some of own bowel and urinary tract work. Segmental bowel resections are conducted by an assisting colorectal surgeon.

http://www.womenscentre.net/index.php?option=com_content&view=article&id=55&Itemid=112

Dr. Alan Johns, Fort Worth

Center of Excellence. Philosophy: "I was one of the original gynecologists recommending and performing excision - along with Harry Reich and others. We all "learned together" and I have done clinical research for 30 years, often involving medical and surgical treatment of endometriosis and postoperative pelvic adhesions. We have two boarded urogynecologists in my group, along with Physical Therapists experienced in pelvic floor therapy. We treat patients on a very individualized basis, every situation is different and requires a different approach." Able to operate on DIE, bowel and lung endo. Takes all insurance.

<http://www.womenssurgerygroup.com/physicians/alanjohns.asp>

http://fwcenterforpelvicmedicine.com/alan_johns/

Dr. Devin Garza, Austin

<https://devingarzamd.com/>

Utah

Dr. Jeffrey Arrington, Ogden

Dr. Arrington performs his own urinary tract work and performs some bowel work (shaving of the bowel and discoid resections). Segmental resections are conducted by an assisting surgeon.

<https://ogdenregional.secure.ehc.com/physicians/profile/Jeffrey-T-Arrington-MD>

Virginia

Dr. Melissa Delgado, Vienna

<http://www.gynwellnesscenter.com/delgado.html>

Washington

Dr. Cindy Mosbrucker, Gig Harbor

<http://pacificendometriosis.com/about-us/>



Wisconsin

Dr. Charles Koh, Milwaukee

http://www.columbia-stmarys.org/Dr_Koh

<http://www.endometriosis-surgery.com/>

Dr. Grace Janik, Milwaukee

http://www.columbia-stmarys.org/Dr_Janik

Dr. Rami Kaldas, Neenah

<https://kaldascenter.com/meet-dr-rami-kaldas/>

INTERNATIONAL

Australia

Endometriosis Care Centre Of Australia

Dr. Alan Lam, Sydney

<http://www.sydneycare.com.au/alan-lam>

Austria

Dr. Jorg Keckstein, Villach

Per endometriosis expert Dr. David Redwine one of Europe's most skilled endometriosis surgeons and is able to do bowel and urinary tract work himself. drs.keckstein@aon.at

Belgium

Prof. Dr. Philippe Koninckx

<http://www.gynsurgery.org/>

Does all of his own urinary tract work and most of his own bowel work.

Prof. Dr. Michelle Nisolle, Brussels

Brazil

Dr. Ricardo Pereira

Per endometriosis expert Dr. David Redwine one of Latin America's most skilled endometriosis surgeons and is able to do bowel and urinary tract work himself. ricardopereira@gmail.com

Dr. Mauricio Abraio

<http://www.endometriosis.ca/about/board/mauricio-abraio/>

Dr. Allysson Zanatta

Does own urinary tract work and some bowel work.



Dr. Paulo Ayroza Ribeiro, Sao Paulo

<http://www.ayrozaribeiro.com.br/>

Canada

Dr. Liane Belland, Calgary

Did fellowship in New Zealand studying endo and excision, has a colorectal surgeon to assist in cases involving the bowel

Dr. Christina Williams , Dr. Catherine Allaire, & Dr. Paul Yong, Vancouver

<http://www.womenspelvicpainendo.com/>

Dr. Williams is recommended by endometriosis expert Dr. Redwine as the most skilled endometriosis surgeon in Canada.

Dr. Alese Wagner, Calgary

Dr. Grace Liu, Toronto

Dr. Herbert Wong, Toronto

Dr. Sony Singh, Ottawa

Dr. Yoav Brill, Toronto

Dr. Andre Laroche, Woodbridge

Cyprus

Dr. Andreas Stravroulis, Nicosia

www.amc.com.cy/FindaDoctor/tabid/59/agentType/View/PropertyID/1448/Default.asp

X

Egypt

Dr. Sayed el Akhrs & Dr. Kareem Labib

www.omamhospital.com(<http://www.omamhospital.com>)

Multidisciplinary team to handle bowel and urinary tract cases.

England

Listing of British society For Gynecology Endoscopy (BSGE) accredited endo centers

here: <http://bsge.org.uk/centre/>

Dr. Edmond Edi Osagie, Manchester/London

Works as part of a multidisciplinary endometriosis clinic at St Mary's hospital.



<http://www.cmft.nhs.uk/saint-marys/our-services/gynaecology/dr-edmond-edi-osagie>

Dr. David Rowlands, Wirral

<http://www.wuth.nhs.uk/staff-profiles/david-rowlands/>

Dr. Chris Mann, The Midlands

<http://www.theendometriosisclinic.co.uk/home.aspx>
hello@theendometriosisclinic.co.uk

Dr. Sanjay Vyas, Bristol

Multidisciplinary Clinic. ***Patients with complex cases may need to consult elsewhere.
<http://www.bristolendometriosisclinic.co.uk>

Dr. Andrew Pickersgill, Stockport

<https://www.bmihealthcare.co.uk/consultants/andrew-pickersgill>

Dr. Thomas Aust, Wirral

<https://www.spirehealthcare.com/consultant-profiles/mr-thomas-aust-c4524722/>

Mr. Oliver Chappatte, Kent

<http://www.kendoc.org.uk/>

Dr. Peter Barton Smith, Surrey

<http://www.theprincessgracehospital.com/our-specialists/specialist/bartpe/mr-peter-barton-smith/>

Finland

Dr. Paivi Pakarinen, Helsinki

France

Prof. Dr. Arnaud Wattiez, Cedex, France

Per endometriosis expert Dr. David Redwine one of Europe's most skilled endometriosis surgeons and is able to do bowel and urinary tract work himself.
arnaud.wattiez@wanadoo.fr

Dr. Michel Canis, Clermont Ferrand

Does some bowel/urinary tract work.

India

Dr. Prashant Mangeshikar, Mumbai

<http://jovialcare.com/directory/hospital/Dr-Prashant-Mangeshikar-Clinic/>



Israel

Dr. David Soriano,

<http://www.resultmed.com/our-doctors-2/gynecologists/david-soriano/>

Italy

Dr. Charles Koh, Singapore, Italy and Wisconsin

(See above)

Dr. Anastasia Ussia & Prof. Dr. Philippe Koninckx, Rome

<http://www.gynsurgery.org>

Does all of own urinary tract work and some bowel work.

anastasia.ussia@gmail.com

Dr. Luca Minelli, Verona

Does some of own urinary tract and bowel work. luca.minelli@sacrocuore.it

Dr. Paolo Vercellini, Milan

Dr. Errico Zupi, Rome

Dr Mario Malzoni, Avellino

http://www.malzoni.com/clinica_eng/1_storia.asp

<http://www.endoscopia.it>

Can do deep infiltrating endometriosis.

Japan

Dr. Hisao Osada

Dr. Osada is the pioneer of the Osada procedure, an alternative to hysterectomy for women with adenomyosis who wish to preserve their fertility.

www.osadaprocedure.com

Malaysia

Dr. Charles Koh, Singapore, Italy and Wisconsin

www.endometriosis-surgery.com

Per endometriosis expert Dr. David Redwine one of Europe's most skilled endometriosis surgeons and is able to do bowel and urinary tract work himself.

Dr. Jerry Chan Kok Yen, Singapore

New Zealand



Good resource for Kiwis: <http://www.nzendo.org.nz/about-us/people/staff/deborah-bush>

Dr. Michael East, Christchurch

Dr. Simon Jones, Christchurch

Dr. Mark Insull, Auckland

www.markinsull.co.nz

Russia

Dr. Leila Adamyman, Moscow

<http://www.ncagip.ru/en/administration/1709.html>

South Africa

Dr. Abri de Bruin, Pretoria

<http://www.drabridebruin.co.za/>
abri@global.co.za

Dr. Izak Johannes Vanderwat, Johannesburg

<http://www.laserderm-sa.com/doctors/dr-i-j-van-der-wat/>

Spain

Dr. Andres Sacristan, Madrid

<http://www.ruber.es/es/cuadro-medico/equipo-dr-sacristan/andres-sacristan-juarez>

Switzerland

Prof. Dr. Marc Possover, Zurich

<http://www.possover.com/>

Zimbabwe

Dr. Dragana Djordjevic, Harare